



10天金秋川藏线—稻城亚丁/康定海螺沟 YD2



地球最后一块净土---稻城亚丁

中国康区最大黄教寺庙-喇嘛教格鲁派---理塘大寺

中国海拔2000米以上地区最大的高山湖泊---木格措湖

★独家：稻城—纯净而神秘的地方，为其美景为其淳朴民风而倾心微笑，放牧自己灵魂的地方

★独家：亚丁--失落的阳光之地，人间的「世外桃源」，永远的香格里拉

★独家：新都桥：一片如诗如画的风彩，令人神往的“光与影的世界”、“摄影家的天堂”。

★独家：小九寨沟之称—木格措彩湖-充满神话色彩的民间传说

风味餐：★理塘高原鱼风味 ★四川特色鸳鸯火锅 ★养生药膳

第一天：新加坡—昆明—成都—雅安 (晚餐)

集合樟宜国际机场搭机航班飞往成都。沿成雅高速前往以“雅雨、雅女、雅鱼”三绝而闻名于世的雅安。

行前往珍珠海观赏第一座神山【仙乃日】。四周景致如画。然后乘坐电瓶车到洛绒牛场，途中可近距离观赏夏诺多吉峰不同角度的英姿，抵达后，可另外观赏到第三座神山【央迈勇峰】(海拔 5958 米) 返回稻城入住酒店。(午餐为路餐)

第二天：雅安—海螺沟 (早午晚餐)

早餐后前往游览亚洲最大的冰川—海螺沟冰川。海螺沟位于四川最高峰，向来称「蜀山之王」的贡嘎山风景区东侧，藏语“贡”为雪，“嘎”为白，意为洁白无瑕的雪峰。造就了这里举世罕见且发达的冰川奇观。行程带领您搭乘景区园车穿越二号、三号营地，欣赏森林生态，及搭乘长达4公里缆车深入四号营地遍览壮丽的冰川美景。沿着缆车路线才可以看到由贡嘎山雪峰上延伸下来宛如银色巨龙般的大冰瀑，仿佛瞬间凝结的奔腾瀑布，气势惊人。并有时安排高山温泉泡汤(请自备泳衣)

第六天：稻城—雅江 (早午晚餐)
沿着川藏线经理塘、前往雅江。沿途回味无穷无数美景，再次把神秘的雪山、温柔的草地，美丽的姑娘，雄壮的康巴汉子留进你的相机和脑海里。回味这里拥有最纯粹的生灵：傲视天穹的苍鹰、自由生活的各种野生动物、草场林间婉转歌唱的鸟儿、静静地放牧着牛群也牧着自己的牧人。

第三天：海螺沟—康定—新都桥—雅江 (早午晚餐)

途径泸定，游览泸定桥。沿川藏公路经过康定至新都桥 73 公里的路途中要翻越海拔 4900 米的折多山，新都桥处于川藏线南北分叉路口，是一片如诗如画的世外桃源。神奇的光线，无垠的草原，弯的小溪，秋天那金黄的柏杨，山峦连绵起伏，藏寨散落其间，牛羊安详地吃草，一个个典型的藏族村落依山傍水地散落在公路两旁，一条浅浅的小河绕着村前缓缓流过。村前村后矗立着棵棵挺拔的白桦。午餐后，离开川藏公路南线往南前行，翻越高尔寺山(4412 米)，经雅砻江畔，康巴小山城，后抵达雅江。

第七天：雅江—康定 (早午晚餐)
沿川藏线经新都桥，翻越高尔寺山(4412 米)，经雅砻江畔，返回康定入住酒店。

第四天：雅江—理塘—稻城—日瓦 (早午晚餐)

早餐后，翻越高尔寺山和卡子拉山，抵达世界第一高城—高原明珠理塘(4014 米)。随后游览甘孜州最大的黄教寺庙—【理塘大寺(长青春科尔寺)】。下午翻越著名的海子山风景区(4300-4700 米)，领略青藏高原最巨大的古冰川遗迹，抵达稻城欣赏红草地并拍照留念。今天前往日瓦入住酒店。

第八天：康定—雅安 (早午晚餐)
早上于酒店用餐后，前往有「小九寨沟」之称的木格措风景区，这里以多样性的丰富美景著称：集粹了康巴高原六大风景奇观~雪山、圣湖、草地、沸泉、彩林、翠池，堪称“六绝”。此外更是许多资深摄影家最爱的私房摄影景点！乘车返回雅安入住酒店。

第五天：日瓦—亚丁—稻城 (早午晚餐)

早餐后乘车进入亚丁自然保护区。车行至农同坝营地，改骑上高原骡马(上程)，在纯朴的藏族马夫的牵引下，沿贡嘎银沟走进神奇、美丽、迷人的香格里拉。游览【冲古寺】，步

第九天：雅安—成都 (早午晚餐)
返回成都，游览【锦里民俗街】：是西蜀历史上最古老、最具有商业气息的街道之一，早在秦汉、三国时期便闻名全国。今天的锦里依托成都武侯祠，以秦汉、三国精神为灵魂，明、清风貌作外表，川西民风、民俗作内容，扩大了三国文化的外延。浓缩了成都生活的精华：有茶楼、客栈、酒吧、戏台、风味小吃、工艺品、土特产，充分展现了四川民俗的独特魅力。

第十天：成都—昆明—新加坡 (早午餐)
前往有成都名片之称的宽窄巷子游览，在这里不仅能触摸到历史留下的痕迹，也能体味到成都最原滋原味的休闲生活方式。今天我们将前往机场搭乘国际航班返回新加坡温暖的家。(最终确认行程根据交通天气原因以当地旅行社最终确认及航班时间为准)



10D Yading Daocheng + Hailuo Glacier Tour YD-2

Day 1: Singapore - Kunming - Chengdu - Ya'An (L/D)

Assemble at Changi International Airport for your pleasant flight to Kunming. On arrival, we will go for a breakfast follow by visiting the Golden horse & Jade Chicken Board and Free & Easy shopping at Nanping shopping district. After lunch, we will take a domestic flight to Chengdu. Upon arrival, we will head straight to Ya'An, Check-in hotel and rest for the day.

Day 2: Ya'An - Hailuo Glacier (B/L/D)

After breakfast, we will start our journey to Hailuo Glacier and will visit **Hailuoguo Glaciers Park**. Located at Mt. Gongga, it extends for 30.7km and has many geologic features, landforms, rare animals and plants. There are endless ice holes, ice lakes, ice mushrooms, ice doors and ice steps which make up a wonderful ice world here. Take the Cable car to the 4th camp to view Glacier. Along the cable car line can be seen only by the extension of the Gongga Mountain xuefeng down like a large silver dragon-like icewaterfall.

Day 3 : Hailuo Glacier -- XinDu Bridge - Ya'Jiang (B/L/D)

After breakfast, depart for Ya'Jiang. On the way we will pass by KangDing, a city surrounded by three hills, streams dihydrate folder, folding multi-River runs through the town, the rich variety of ethnic style of building in spread River. We then will continue our trip to Ya'Jiang. Passing by 4,300 meters high **Zheduo Mountai**. Then we will arrive at **Xindu Bridge** a place known as Eastern Russia with the height 3,450 meters above sea level. It is a famous place for photographers due to its magical light, the vast grassland and curved stream. This is **Xindu Bridge**, fascinating, "Lights and Shadows of the world", "photographer's paradise." Tonight we will arrive **Ya'Jiang** to Check hotel here.

Day 4 : Ya'Jiang - Li Tang- DaoCheng – Riwa (B/L/D)

Morning after breakfast, across Jianziwan Mountain (the altitude is 4659Km), Kazila Mountain (the altitude is 4712Km), get to the large open area of Litang grassland (the altitude is 4100Km). It's "the highest city in the world". Litang County, prominent geographical advantage, since ancient times, is the Tibetan and Chinese exchanges must pass through as well as "tea-horse trade" goods to the place together. **Litang Monastery**, Litang Monastery nine years in the Ming Dynasty (1581) from the Dalai Lama III measures to create, is the first region Garze Gelugpa monasteries. Today we will check-in hotel at Riwa.

Day 5 : Riwa - Yading – Daocheng (B/L/D)

Today we will go to **Yading Nature Reserve**. We will ride horses from Long Longba to Chonggu Temple. Along this way we can view Holy Mt. Xianuoduoji that the east peak with an altitude of 5958m, means the Buddha with warrior's hands, resembling a young man of strong character, tall and handsome..It's the third of the sacred mountains. And we will view Yangmaiyong Mountain which the south peak with an altitude of 4958m, means the Bodhisattva Manjusri. It is dignified and stately, gentle, quiet, noble and impeccable. After trekking around 40min to take photo for Peal lake, we will take the shuttle bus to Luorong farm. Here is the best place to view The Holy Mt. YangMaiyong. and wildlife watching, mountain-tipped stamens, snow-capped mountains, forests, glaciers, lakes, rivers, nature in harmony and experience the natural outstretched. Today we will back Daocheng for dinner and check hotel

Day 6 : Daocheng - Ya'Jiang (B/L/D)

After breakfast, we will take a long journey back to Ya'Jiang. Along the way we could again flash back all the great scenery and culture of the places we had visited. We will check-in hotel in Ya'Jiang at night.

Day 7 : Ya'Jiang – Kangding (B/L/D)

Along the Tibet-Sichuan highway, we will backtrack to Kangding passing by Xindu Bridge.

Day 8 : Kangding - Ya'An (B/L/D)

After breakfast, we will head to **Muge Cuo**, also known as Ye Ren Hai to view lush forests in the highland, lakes and herbal hot springs. In particular, view an herbal hot spring site that has over 100 hot spring spots like Mingyue hot spring. Tonight we will be staying at Ya'An.

Day 9 : Ya'An – Chengdu (B/L/D)

We will visit **Jinli Street** that located to the east of the Wuhou Memorial Temple of Chengdu's particularly representative of this city. It is recorded that as early as the Qin Dynasty ,Jinli Street was the most famous place for baldachin - a rich, ornate cloth. And it was one of the busiest commercial streets during the Shu Kingdom.

Day 10 : Chengdu – Singapore (B/L)

After breakfast, we will visit the **Kuan Zhai Xiang Zi**, an old neighborhood that got a thorough facelift - it is now a trendy pedestrain alley that fuses beautifully restored traditional architecture with modern and well-appointed restaurants, teahouses, cafes, restaurants and shops. And lastly we will take flight transfer at Kunming, back to Singapore.

Finally, we hope you had an enjoyable trip with **REN REN TRAVEL**.

Remarks:

Final itinerary by local tour operator will be deemed accurate. Sequence and timings of itinerary are subject to change without prior notice.

In the event of discrepancy between the English and Chinese itineraries, please refer to the Chinese version.